

## Fit India Movement

**29<sup>th</sup> Aug. 2019.**

The students of H.D. Public school Birohar(Jhajjar) gathered and witnessed an inspiring programme on the theme "Fit India movement" special direct telecast and oath ceremony held, administered in the presence of honorable Prime Minister Shri Narendra Modi ji. On August 29, 2019 event was launched at Indira Gandhi indoor stadium in New Delhi at 10 a.m. The student witnesses this high spirited programme that infused energy among the youngsters to make themselves physically and mentally sound. Along with it, various kinds of traditional dances and games were showcased very vividly in the panoramic programme. PM Modi paid tribute to Dhyan Chand. He said, "On this day, a great sports person was born, Major Dhyan Chand. He amazed the world with his fitness, stamina and hockey stick." At the event, PM Modi said, "technology has contributed to a sedentary lifestyle. The PM congratulated the winners of the national sports awards and lauded India's sporting achievements." "Our athletes are giving new wings to our aspiration. Their medals are not just a result of their hard work but also a reflection of a new India's confidence. The entire Programme had been conceptual by PM Modi Union Secretary (sports) RS Julaniya." On the launch of the programme, PM Modi launched a fitness logo. At last Director Mr. Balraj Phogat, Principal Ms. Anita Negi addressed all staff members and students read 'Fitness Pledge' as Modi Ji declared, "I promised to myself that I will devote time for physical activities and I will encourage my family and neighbors for physical activities and make India a fit nation."